

## **The Friday Note**

**21 September 2018**

### **Parent Information Evenings**

Thank you to those parents who were able to attend P2-P7 Parent Information Evenings last week. We hope that you found these to be informative and worthwhile. From a school perspective we feel that they are greatly beneficial.

### **After-School Clubs**

As ***After-School Clubs resume next week***, please ensure that your children are aware of the arrangements for their collection at the relevant times.

### **Healthy Eating Week**

We are looking forward to the events of next week when we will be focusing on the benefits of a healthy and balanced diet. There will be a number of activities taking place throughout the week. We very much promote healthy eating and would ask that your child's break is appropriate with preference given to milk or water to drink. We strongly discourage sugary snacks, crisps, and juice.

A bottle of ***water*** may be kept on the desk throughout the day.

### **School Development Day (Day 1)**

Please note that, as previously advised, ***school will be closed for all pupils on Friday 28 September*** to facilitate staff training.

### **Time 4 Me**

I wish to inform you that school will continue to offer a counselling service, Time 4 Me, facilitated by Barnardo's. This pastoral provision will be funded by school and has proven in past years to be of great benefit to individual children and families. If you would like to express an interest in this service please make contact with the school's Link Teachers, Mrs Coulter (P6), Mrs Patterson (P3) or, alternatively, myself. Our school's Counsellor is Mrs McConnell.

### **PTA Meeting**

A PTA Meeting will be held on ***Monday 24 September, commencing at 7.30 pm***, in the ICT Suite. Meetings are open to all parents and new members will be very welcome.